

At Homecare Consultants Unlimited, INC, we care about the health of our community. That's why we joined the Alzheimer's Early Detection Alliance (AEDA), a group of corporations, nonprofits and government entities determined to make a difference in the fight against Alzheimer's disease. Under the leadership of the Alzheimer's Association, this alliance will work to educate people nationwide about the warning signs of Alzheimer's disease and the importance of early detection.

Currently, there is no cure for Alzheimer's disease and no method to prevent its onset. Early detection is our only management tool, allowing those living with the disease – and their families – time to plan for the future. This may include building the correct medical team, enrolling in clinical studies or investing in safety measures.

Many people struggle to determine if a behavior is a typical age-related change or the first sign of Alzheimer's disease. To help, the Alzheimer's Association has created this list of warning signs for Alzheimer's disease and related dementias. Every individual may experience one or more of these in different degrees. If you notice any of them, please see a doctor.

1. Memory changes that disrupt daily life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks
4. Confusion with time or place
5. Trouble understanding visual images and spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgment
9. Withdrawal from work or social activities
10. Changes in mood and personality

To learn more about the 10 signs, please contact the Alzheimer's Association at www.alz.org/10signs or 877-IS IT ALZ (877.474.8259). As a member of the AEDA, Homecare Consultants Unlimited, INC will work to provide reliable information about Alzheimer's disease and early detection during the upcoming months.

If you or a loved one is affected by Alzheimer's disease, turn to the Alzheimer's Association for support and services. Information is available online at www.alz.org or by calling the Association's 24/7 Helpline at 1.800.272.3900.

